

**B2: Complete the following essay with ONE word that corresponds**

In your English class you have been talking about happiness. Now, your English teacher has asked to write an essay. Write an essay using all the notes and give reasons for your point of view:

Notes:

1. Money
2. Health
3. Emotional Intelligence

### Happiness

Some people ..... they are naturally cheerful. Others assert that money is the main factor to ..... a happy life. What exactly brings real happiness to our lives?

As a matter of ..... money is an important factor in our general welfare. It can reduce ..... by giving us economic security. However, if we are not wise ..... it can make us greedy and foolish. I have met several ..... who are well-off, yet they are bitter and extremely ..... about every single penny they spend. This undoubtedly causes anxiety and will develop emotional and psychological burden in the individual ..... not treated correctly.

Health is another ..... aspect linked with happiness. We believe that if we are healthy ..... beings, we do not ..... anything else. I think it is extremely important to take ..... of our bodies and make sure we acquire the crucial vitamins and nutrients that will help us maintain our strength and vitality since it will also make us improve our attitude ..... life.

Nevertheless, in my opinion, I ..... believe that our emotional intelligence is the most necessary factor to create the ..... that we might crave. Little ..... we do with money or health if we do not have a positive outlook ..... life. Enjoying the most trivial tasks ..... as: listening to music, reading a book, or meeting ..... with friends, or simply ..... grateful for the day can make a big ..... in our whole self.

Having ..... all the arguments, it is clear to me that money as ..... as health are factors that will support a positive way of living. However, it is ..... intrinsic as our emotional capability what will definitely ameliorate our well-being and provide us a ..... life.