



1. Read the text and match each paragraph to the headline.

One title is extra.

- 1. Christmas Food
- 2. Presents
- 3. Water
- 4. Paper
- 5. Christmas Trees

How to Reduce Christmas Waste (мусор/отходы)

Did you know that every hour the UK throws away enough waste to fill a theatre?

So think about how much more we throw away at Christmas!

Read and see what little things you can do to help reduce waste at Christmas.

- A.** If we put all the wrapping, we throw away in a line it would reach the Moon - that's a lot of paper! But it's very easy to recycle; use recycling banks at most supermarkets. Why not try giving presents in gift bags? That way you can reuse them again next year and save on paper! Don't throw away Christmas cards! You can try cutting them up and making new cards or gift tags out of them. You'll be ready for next Christmas and save a few pennies!
- B.** If you have a real Christmas tree it's a great thing to recycle. There are lots of companies that will collect it for you. After recycling people can use it as compost to help next year's trees or to cover pathways. How about getting a living Christmas tree with roots? That way it will keep on growing year after year and you can even plant it in your garden.
- C.** We throw out over 7 million tons of food every year. So why not help out in the kitchen and get creative when cooking a Christmas turkey. If you've got a compost bin in your garden you can throw in all those veg peelings. Birds love Christmas leftovers too; any scraps of fruit cake and mince pies will go down a treat. It will give them energy and help them through the cold winter months.
- D.** If you get any presents that don't fit or have old things that you won't need anymore don't throw them away. There are lots of charities out there who will pass on gifts to people in need.

A	B	C	D

2. Read the text and mark the statements True (1), False (2), Not Stated (3).

- A.** We can do nothing to reduce Christmas waste.
- B.** We throw away wrapping paper mostly after Christmas.
- C.** Wrapping paper is hard to recycle.
- D.** Gift bags can easily be used again.
- E.** Christmas cards cannot be used again.
- F.** It saves a person 20 pounds if he/she reuses Christmas cards.
- G.** A Christmas tree with roots can grow only a year or two.
- H.** Seven thousand tons of foods are thrown away each Christmas.
- I.** Your Christmas food is good for birds as well.
- J.** Charities don't accept presents anymore. They've already got too many.

A	B	C	D	E	F	G	H	I	J

