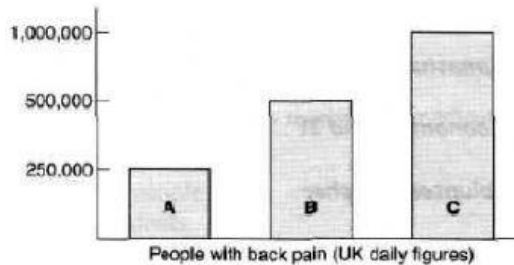


## SECTION 4 Questions 31-40

### Questions 31-36

Choose the correct letters A-C.

- 31 Which column of the bar chart represents the figures quoted?



- 32 According to the speaker, the main cause of back pain in women is
- A pregnancy.
  - B osteoporosis.
  - C lack of exercise.
- 33 As treatment for back pain the Clinic mainly recommends
- A pain killers.
  - B relaxation therapy.
  - C exercise routines.
- 34 The back is different from other parts of the body because
- A it is usually better at self-repair.
  - B a back injury is usually more painful.
  - C its response to injury often results in more damage.
- 35 Bed rest is advised
- A for a maximum of two days.
  - B for extreme pain only.
  - C for pain lasting more than two days.
- 36 Being overweight
- A is a major source of back pain.
  - B worsens existing back pain.
  - C reduces the effectiveness of exercise.

### Questions 37-40

Choose the correct letters **A—C**.

	Strongly recommended <b>A</b>	Recommended in certain circumstances <b>B</b>	Not recommended <b>C</b>
<i>Example</i> Diet if overweight	<i>Answer</i> <b>[A]</b>	<b>B</b>	<b>C</b>
<b>37</b> Buy special orthopaedic chairs	<b>A</b>	<b>B</b>	<b>C</b>
<i>Example</i> Buy orthopaedic mattresses	<b>A</b>	<i>Answer</i> <b>[B]</b>	<b>C</b>
<b>38</b> Buy shock-absorbing inserts	<b>A</b>	<b>B</b>	<b>C</b>
<b>39</b> Wear flat shoes	<b>A</b>	<b>B</b>	<b>C</b>
<b>40</b> Buy TENS machine	<b>A</b>	<b>B</b>	<b>C</b>