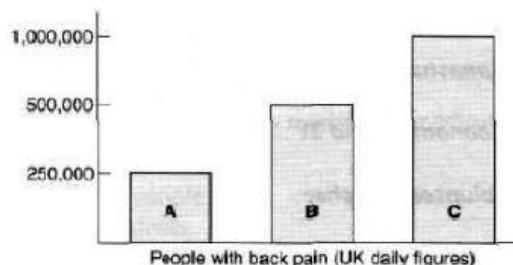


## SECTION 4 *Questions 31-40*

### *Questions 31-36*

Choose the correct letters A-C.

31 Which column of the bar chart represents the figures quoted?



32 According to the speaker, the main cause of back pain in women is

- A pregnancy.
- B osteoporosis.
- C lack of exercise.

33 As treatment for back pain the Clinic mainly recommends

- A pain killers.
- B relaxation therapy.
- C exercise routines.

34 The back is different from other parts of the body because

- A it is usually better at self-repair.
- B a back injury is usually more painful.
- C its response to injury often results in more damage.

35 Bed rest is advised

- A for a maximum of two days.
- B for extreme pain only.
- C for pain lasting more than two days.

36 Being overweight

- A is a major source of back pain.
- B worsens existing back pain.
- C reduces the effectiveness of exercise.

## Questions 37-40

Choose the correct letters **A—C**.

	<b>Strongly recommended A</b>	<b>Recommended in certain circumstances B</b>	<b>Not recommended C</b>
<i>Example</i> Diet if overweight	<i>Answer</i> [A]	B	C
37 Buy special orthopaedic chairs	A	B	C
<i>Example</i> Buy orthopaedic mattresses	A	<i>Answer</i> [B]	C
38 Buy shock-absorbing inserts	A	B	C
39 Wear flat shoes	A	B	C
40 Buy TENS machine	A	B	C