Lifelong learning

enhance

maximise

• Use the words in the box to fill in the gaps.

knowledgeable viewpoints overall

challenge cha	sing	reap	accomplishme	nt ma	ndatory	
formal education car	help us		our pote	ntial to fir	nd better	
jobs. However, the truth is that learning shouldn't stop there and in fact, there are						
many opportunities to further your knowledge in life.						
		J				
Personal development a	and profession	onal devel	opment are the	2 main rea	asons for	
lifelong learning and there's a good reason for that. Those 2 areas the						
most rewards when you are a lifelong learner and by being a lifelong learner your						
quality	of life will in	ncrease	. Maybe you wa	nt to incre	ase your	
knowledge or skills in	a hobby o	r you wa	int to learn a	new skill	that can	
your li	fe or you wa	nt to lear	n how to interact	with peor	ole better	
or you want to learn how	v to take care	e of yours	elf better			
1. Lifelong learning can i	enew self m	otivation.				
Sometimes we fall into a	rut when w	e are cons	stantly doing thir	ngs just be	cause we	
have to do them. Th	ings like cl	leaning th	ne house or g	oing to v	vork are	
things	we constan	tly have t	o do and it can f	eel like ev	eryday is	
the same						
2. You get to discover yo	our personal	interests.	In this day and	age, infor	mation is	
everywhere.						
3. Your self confidence i	mproves. Bei	ng more _		and	skilled in	
various areas can imp	rove your s	self confid	dence both in y	your perso	onal and	
professional life. In you	r personal li	ife, your o	confidence will i	ncrease di	ue to the	
time you spent on learning and improving yourself. This can lead to a sense of						
	_ and satis	faction fro	om growing as	a person.	In your	



professional life, you can be more proud of your skills due to the time and effort
you spent learning to improve them. Also, your work might feel even easier which
will lead to a boost in confidence.
4. Lifelong learning can your ideas and beliefs. We all have
ideas and beliefs that are wrong If you are not engaging in lifelong learning,
you will never have the opportunity to see different and
realise your faults.
Whether you are pursuing your personal interests or
professional ambitions, lifelong learning will help increase your overall quality of
life. As for how you can apply it in your life, here are some steps you can take.
Watch and check.

