28.

Listen to the recording about study skills, and answer the questions below.

What are the TWO main reasons why students have trouble remembering information for tests?

A) stress

B) nerves

C) lack of time in the test

D) lack of planning

E) lack of preparation

Which TWO relaxation techniques are NOT recommended by the speaker?

A) breathing deeply

B) counting backwards

C) closing your eyes

D) visualising a relaxing image

E) counting slowly

Which TWO habits can parents help their children with?

A) eating properly and getting enough sleep

B) organising their study schedules

C) buying the right study guide

D) breaking the exam down

E) cramming

LIVEWORKSHEETS