

UNIT 1 READING (PULSE PAGE 11)

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TASK 1

Listen to the interview and decide the sentences are **TRUE (T)** or **FALSE (F)**.

1.	25-year-olds don't do urban sports.	T	F
2.	You can do urban sports in any city.	T	F
3.	You need a helmet for all urban sports.	T	F
4.	Accidents happen for a reason.	T	F
5.	You can take part in parkour competitions.	T	F
6.	Boys are better at urban sports than girls.	T	F

TASK 3

Read the interview again and answer the questions.

NO.	QUESTION	ANSWER
1.	How many urban sports does Jon mention?	
2.	Why do people do urban sports?	
3.	Why are urban sports easier to practice than other sports?	
4.	What makes parkour different from other urban sports?	
5.	What clothes do people wear for urban sports?	

CLUES

1

REPORTER First of all, what are urban sports?

JON Activities like skateboarding, BMX biking, scootering and parkour (free running).

2

REPORTER Who does them?

JON Teenagers and people in their 20s, mainly. Most people who do urban sports want to have fun with their friends and do something active.

3

REPORTER Where do they practise?

JON Anywhere! You don't need any special facilities for urban sports. You can jump or skateboard over walls, and cycle down steps. Every city has these things – and they're free!

4

REPORTER Do you need any special equipment?

JON Depending on the sport, you need a skateboard, BMX bike or scooter and a helmet. Parkour is the only urban sport that you can do without any equipment.

5

REPORTER What do you wear?

JON We wear jeans or shorts, a T-shirt and trainers!