Heat	Ene	ergy	anc
How	We	Use	Ιt

Watch the video and answer the questions below:

que	stions below:
1.	Energy has to do with the m of the particles that make up matter.
2.	How does heat energy always travel?
3.	Is heat the same as temperature?
4.	When you measure the temperature of something, you are measuring how or the particles in matter are moving.
5.	The faster the movement of the particles in an object, the (lower \prime higher) the temperature will be.
6.	Heat is the transfer of an object's energy to another object with a (higher / lower) temperature.
7.	Would life be possible on Earth without the heat and energy from the Sun?
8.	Write 3 sources of heat talked about in the video.
9.	True / False: Our own bodies produce heat. (How can you prove this?)
10.	What 2 things can heat energy be used for?

