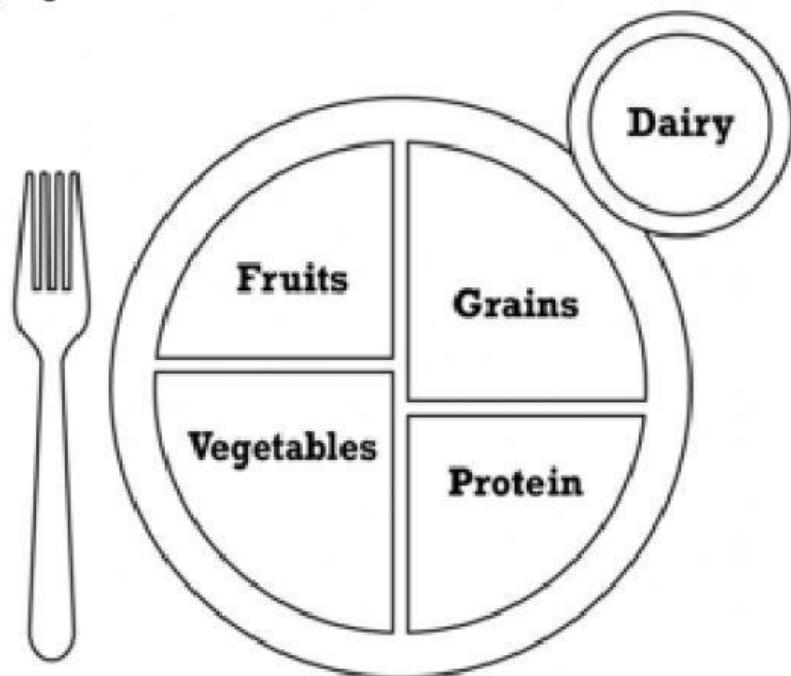


A Healthy Lunch

Choose the foods below to make a healthy lunch.

Read textbook page 44.

Read textbook page 45.



MyPlate

Wholemeal bread	Scrambled eggs	milk
doughnut	soda drink	lettuce
Fried noodles	grapes	candies