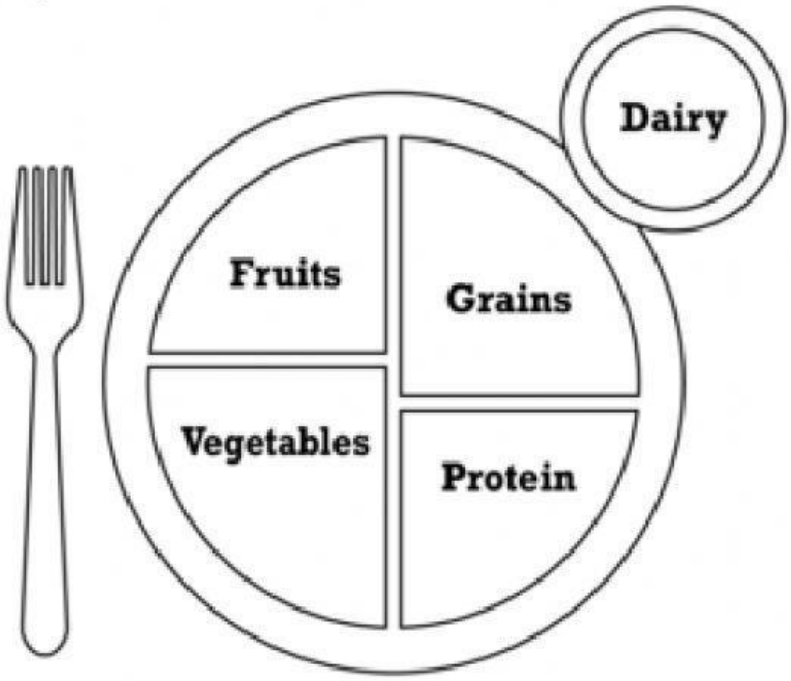
A Healthy Lunch

Choose the foods below to make a healthy lunch.

Read textbook page 44.
Read textbook page 45.



MyPlate

 Wholemeal bread	 Scrambled eggs	 milk
 doughnut	 soda drink	 lettuce
 Fried noodles	 grapes	 candies

LIVEWORKSHEETS