Name: .....Class:.....

SONG

LET'S MOVE

We like to feel ____.

We like to have fun.

We like to play hard.

Let's ____ now, everyone!

We want to feel healthy.

We want to feel fit.

Come on, everybody.

_____! Don't sit!

What did you do to be fit today?

What did you do to be strong?

What did you do to be fit _____?

What did you do?

Did you move your ____? Yes, I did!

Did you _____ your back?

I did that a lot!

Did you get _____ sleep?

Yes, I did!

Did you eat a healthy snack?

Oops, I forgot!

Don't worry. Tomorrow is another day.

You can try again. It's OK!

We like to ____ fit.

We like to have fun.

We like to play hard.

Let's ____ now, everyone.

CHORUS

What did you do to be fit today?

What ____ you do to be strong?

What did you do to be fit today?

What did you do?

Did you stretch your muscles? Yes, I did!

Did you _____your toes?

I did that a lot!

Did you ____ your knees?

Yes, I did!

Did you wiggle your nose?

No, I forgot!

Don't worry. Tomorrow is another day.

You can try again. It's OK!

We like to feel fit.

We like to have fun.

We like to play hard.

Let's _____ now, everyone.

LIVEWORKSHEETS