

$$1 \text{ dm} = \boxed{} \text{ cm}; \quad 1 \text{ m} = \boxed{} \text{ dm}; \quad 1 \text{ m} = \boxed{} \text{ cm}$$

$$4 \text{ dm} = \boxed{} \text{ cm}; \quad 5 \text{ m} = \boxed{} \text{ dm}; \quad 3 \text{ m} = \boxed{} \text{ cm}$$

$$30 \text{ cm} = \boxed{} \text{ dm}; \quad 50 \text{ cm} = \boxed{} \text{ dm}$$

$$40 \text{ dm} = \boxed{} \text{ m}; \quad 20 \text{ dm} = \boxed{} \text{ m}$$