

## UNIT 4: LEISURE TIME (LESSON 1)

## A) SPEAKING

1. Nouns associated with leisure time. Fill in the blanks: *leisure, free time, relaxations*

1. Yoga is one of my favourite \_\_\_\_\_.
2. Most people only have a limited amount of \_\_\_\_\_.
3. Some common \_\_\_\_\_ activities that people enjoy doing are walking, swimming, meditation, reading, playing games and dancing.

## 2. Adjectives associated with leisure time. Read and choose. Then put a tick in the correct boxes.

Sentences	Feelings (-ed adj)	Reasons (-ing adj)
1. He was getting <b>boring</b> / <b>bored</b> with the show.		
2. The movie was so <b>boring</b> / <b>bore</b> I fell asleep.		
3. I find swimming so <b>relaxing</b> / <b>relaxed</b> .		
4. She appeared <b>relaxing</b> / <b>relaxed</b> and confident.		
5. Are you <b>exciting</b> / <b>excited</b> about your holiday?		
6. This is an <b>exciting</b> / <b>excited</b> opportunity for me.		
7. The man is getting <b>interesting</b> / <b>interested</b> in gardening.		
8. He makes the story <b>interesting</b> / <b>interested</b> .		

## 3. Say the words or phrases.

leisure (US)	leisure (UK)	free time	relaxation
boring	bored	relaxing	relaxed
interesting	interested	exciting	excited

## 4. Make sentences with these words.

a. leisure

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b. relaxing

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c. relaxed

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d. boring

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e. bored

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