

These tasks will consist of two parts: an online part and a handwritten one, which must be handed over to your teacher on the due date.

ACTIVITY 1: MIGRATION

Match each sentence to a number, placing it into the text. You will not need all of them.

- Most Mexicans settle in California or Texas
- Finally, if all Americans had jobs and a good security system which protected them, they would not feel so bad as they do concerning migration.
- Firstly, they may wish to get away from things they do not like
- I think we should encourage Mexicans to live in America because they do work that we don't like and they are good for our economy
- These side effects are really harmful for all societies
- Most Americans settle in southern states.
- Others cross the border every day to work and then return home at night
- The United States has been a usual destination for immigrants from all over the world

People migrate for two reasons. 1 . These are called "push factors" and include political fears, natural disasters and poor living conditions. Secondly, people are attracted to things that they do like. These are called "pull factors" and include hopes for better housing and education, chances of a job and good medical care. 2 . It is a wealthy place with many opportunities, high standards of living, and an attractive way of life. All these things put together are sometimes called the "American Dream" -a vision of freedom, opportunity and good living which is available for all. For people living in poor conditions in Mexico migration to the United States has been an obvious choice and since 1940 many Mexicans have migrated northwards. 3 . Some cross the border legally but perhaps as many as two million a year cross it without permission. Many Mexicans now live permanently in the USA but some stay there only on a temporary basis. They take seasonal jobs and when the work is finished they return to Mexico. 4 . Most do unskilled and low paid work but even in those occupations they can earn more in a month than they could in a full year in Mexico. But not all American citizens are happy with Mexican migration. Especially if they are unemployed, like Brad Bradley. This is what he thinks: "I'm sick of these Mexicans coming into our country. They take our jobs, live in our houses and try to change our cities to suit their way of life. I don't have a job and I really don't think it is fair that a foreigner should get work before me". But Eddie Ingle, a restaurant owner, thinks otherwise. For him, Mexicans are great: "I can't afford to pay high salaries but the Mexicans seem to be happy on low pay so that's good for my business. 5 ".

Handwritten activity 1. Write about the following, using about 20 words.
What are the push factors that make young people in your country move?

ACTIVITY 2: READING: SHOP 'TIL YOU DROP

Fifty-three-year-old Rosemary Heinon was sentenced to four years in prison for stealing \$4 million from Starbucks Coffee, her place of work. She used the money to pay for 10 months of shopping. During that time, she bought 32 cars, two motorcycles, three grand pianos, 12,000 items of clothing and 600 Barbie dolls, among other things. Amazingly, she never touched the majority of these items.

So why did she buy them? Rosemary is a victim of compulsive shopping, a disorder which is now seen as similar to alcoholism and drug addiction. Compulsive shopping is often the result of depression. The victim believes that the only way to feel better is to spend money — even on things he or she doesn't need. The pleasure is in buying, not in possessing.

Although most cases aren't as extreme as Rosemary's, compulsive shopping is becoming more and more common in the Western world. Studies carried out in the UK, Germany, Canada and the USA show that between 2 and 10 per cent of the adult population, 90% of them women, have got some compulsive shopping tendencies.

Most compulsive shoppers seem to shop in order to reduce tension, loneliness or emotional emptiness. They report feelings of great happiness while in the shops, where they get plenty of attention from the shop assistants. They may have gone into the shop to buy only one item, but they lose control and buy everything they see. After it's over, their joy turns into terrible feelings of guilt and fear of discovery. If their family begins to complain, they will often hide the things they buy.

Compulsive shopping can ruin people's lives, causing them to lose their homes and break up their marriages. Compulsive shoppers usually owe many thousands of pounds to shops because they haven't really got the money for the things they have bought — they simply use their credit cards.

The fact that so many compulsive shoppers are women may be because the media aims much of its advertising at women, making them feel inferior by constantly showing them beautiful, thin young women as role models. They are then told that if they buy the right cosmetics or dress more fashionably, they will be more attractive and therefore happier. Women with addictive personalities may simply take this message too far, buying everything they see in an attempt to feel better.

Because it is related to depression, which may be caused by chemicals in the brain, psychiatrists are trying anti-depressant medication as a cure for compulsive shopping. One experiment showed that medication helped, although the addiction returned when the medication was stopped. Others say that only therapy and professional support can cure this disorder, by helping people see the reasons for their behavior and giving them the tools to stop it.

In today's materialistic world, shopping has become an important leisure-time activity rather than simply a way of getting what we need. It has also become increasingly easy, with 24-hour shopping channels and the Internet allowing people to shop without ever leaving their homes. Combine this with the messages of advertising and it's no wonder that so many people buy so much, hoping it will make them happy

Choose the best answer according to the text.

Rosemary Heinon

- a. did not pay for the things she bought.
- b. was fired for shopping during work hours.
- c. stole money because she was poor.
- d. bought things that she did not need.

2. Compulsive shopping is

- a. related to other addictions.
- b. a unique psychological disorder.
- c. quite rare in the Western world.
- d. often as extreme as Rosemary's case.

3. Compulsive shoppers usually

- a. do not plan to buy a lot.
- b. enjoy owning what they have bought.
- c. drink alcohol or take drugs.
- d. try to avoid contact with shop assistants.

4. After they shop, compulsive shoppers
 - a. tell their families what they have done.
 - b. feel their mood has improved.
 - c. realize they have done something wrong.
 - d. return the things they buy.

5. Most compulsive shoppers are women because
 - a. women have more time for shopping than men.
 - b. the media makes women feel bad about themselves.
 - c. women are more materialistic than men.
 - d. women tend to have addictive personalities.

6. Which of the following statements is not true?
 - a. Most compulsive shoppers are unable to pay for what they buy.
 - b. The majority of women are compulsive shoppers.
 - c. There are more compulsive shoppers today than in the past.
 - d. Compulsive shoppers buy things in order to feel better.

7. The use of medication for the treatment of compulsive shoppers
 - a. has not yet been triad.
 - b. works only in specific cases.
 - c. works while the medication is continued.
 - d. helps people see the reasons for their behaviour.

8. The writer believes that
 - a. shopping is a good way to spend free time.
 - b. few people today shop outside their homes.
 - c. compulsive shopping is a symptom of today's culture.
 - d. compulsive shopping is caused by shopping channels and the Internet.

Handwritten activity 2. Write about the following using about 40 words.
Opinion: Do you think it was fair to send Rosemary Heiron to prison?

ACTIVITY 3: LISTENING: SUPERSTITIONS.

Complete with the information you hear. The number indicates the quantity of words you must use to complete the sentences.

The (3) originated (2) years ago

People thought that black cats possessed evil (1)

Superstition number 2 is about not walking (2).....

What does it have to do with the Egyptians?

Egyptians believed that the (3) was sacred and walking (1)

..... it was like breaking a (2 words) bad luck

Mention a superstition having to do with good luck: Knocking (2)

This superstition started in the (2)....., when people knocked on

(1)..... to call the (2)..... to (1)..... them.

The last superstition mentioned is when we say (2)..... when someone

(1)..... . During a terrible plague, the Pope passed a law obliging people to bless other

People who sneezed, because that meant they were going (2)

Handwritten activity 3. Write about the following using about 60 words.

Are you superstitious? If so, what are the superstitions you believe in? Is there any specific situation in which you are particularly superstitious? If you are not, why do you think so many people are?