

Read and write *True or False*.

I love fruit and vegetables and I have five portions a day.
 Here's a typical day for me:
 I have bread, yogurt and orange juice for breakfast.
 I don't like cereal. I have chicken with vegetables and an
 apple for lunch. I don't like meat but chicken is OK.
 In the afternoon, I have a banana and a glass of milk.
 I have spaghetti for dinner, with more vegetables!
 I love broccoli!



- 1 I have two portions of fruit and vegetables a day. _____
- 2 I have cereal for breakfast. _____
- 3 I like chicken. _____
- 4 I have a drink and some fruit for a snack. _____
- 5 I like broccoli for dinner. _____

Read and match.

<p>1 What do you have for dinner?</p>	<p>Yes, I do. I love carrot cake! <input type="checkbox"/></p>	
<p>2 Do you like carrots?</p>	<p>Yes. I have strawberries at five o'clock. <input type="checkbox"/></p>	
<p>3 Do you have a snack in the afternoon?</p>	<p>Yuck. No, I don't. <input type="checkbox"/></p>	
<p>4 Do you like spinach?</p>	<p>I have soup and bread for dinner. <input type="checkbox"/></p>	