

## PART 3: TEST YOURSELF

### I. Choose a word in each line that has different stress pattern.

- |                  |              |               |               |
|------------------|--------------|---------------|---------------|
| 1. A. ingredient | B. cucumber  | C. particular | D. analysis   |
| 2. A. understand | B. librarian | C. experiment | D. historical |
| 3. A. business   | B. combine   | C. endangered | D. reduce     |
| 4. A. accidental | B. outnumber | C. opinion    | D. nutritious |
| 5. A. pancake    | B. canteen   | C. teaspoon   | D. cabbage    |

### II. Choose the best answer A, B, C or D to complete the sentences.

- A meal of Hue people has a natural combination between flavors and colors of dishes, which creates the unique \_\_\_\_\_ in the regional cuisine.  
A. description      B. list      C. feature      D. part
- You usually \_\_\_\_\_ vegetables like onion. It means that you cut them into many small pieces.  
A. grate      B. sprinkle      C. chop      D. whisk
- \_\_\_\_\_ has left a bicycle outside.  
A. Anyone      B. Anything      C. Someone      D. Something
- Keeping a \_\_\_\_\_ for a few days will help you discover your bad eating habits.  
A. food diary      B. report      C. diary      D. personal
- One special feature of cuisine in Southern Vietnam is short cooking time which aims to \_\_\_\_\_ the freshness of food.  
A. remain      B. exist      C. stay      D. continue
- Is there \_\_\_\_\_ apple juice in the fridge, Quang?  
A. any      B. some      C. an      D. a
- \_\_\_\_\_ don't visit this part of the town.  
A. The most tourists      B. Most of tourists  
C. Most tourists      D. Most the tourists
- You may have had certain eating habits for so long that you do not \_\_\_\_\_ they are unhealthy.  
A. understand      B. tell      C. recognize      D. realize
- If children don't play sports, they \_\_\_\_\_ sleepy and tired.  
A. would have felt      B. had felt      C. would feel      D. will feel
- If I feel hungry in the afternoon, I \_\_\_\_\_ snacks like fresh carrots.  
A. had had      B. might have      C. would have      D. had
- Can I have a pizza, a dozen eggs and a \_\_\_\_\_ of lemonade, please?  
A. piece      B. tub      C. bottle      D. jar
- I think that \_\_\_\_\_ lemon juice on fish makes it taste better.  
A. few      B. a few      C. little      D. a little
- If parents don't cook at home, their children \_\_\_\_\_ more fast food.  
A. may have      B. had had      C. have      D. would have
- If my mother goes home late this evening, my father \_\_\_\_\_.  
A. had cooked      B. has cooked      C. will cook      D. would cook
- I would like a \_\_\_\_\_ of broccoli and two carrots.  
A. slice      B. head      C. bunch      D. clove
- We couldn't buy anything because \_\_\_\_\_ of the shops were open.  
A. all      B. half      C. most      D. none
- If you eat a lot of fruit, you \_\_\_\_\_ health problems.  
A. had      B. will never have      C. have      D. may have
- Such \_\_\_\_\_ as sugar, sugarcane, and coconut water are mostly used in Southern Vietnamese food than in Northern and Central Viet Nam.  
A. ingredients      B. menus      C. dishes      D. courses

19. I didn't eat everything that they \_\_\_\_\_ me at the party.  
 A. served                      B. shared                      C. cooked                      D. baked
20. The village is very small. There are \_\_\_\_\_ houses.  
 A. a few                      B. only a few                      C. some                      D. only a little

**III. Choose the word in the box to complete the text.**

sophisticatedly	livestock	ingredients	characterized	cuisine
influence	shrimps	dishes	flavors	varies

Vietnamese food culture (1) \_\_\_\_\_ by regions from the north to the south. In Northern Viet Nam, Vietnamese food is (2) \_\_\_\_\_ by light and balanced flavours with the combination of many (3) \_\_\_\_\_. Northerners have been using many kinds of meats like pork, beef, and chicken to cook; besides, some kinds of freshwater fish, crustaceans, and other mollusks like (4) \_\_\_\_\_, crabs, and oysters, etc. Many famous dishes of Viet Nam are cooked with these ingredients such as Bun Rieu, Pho, Bun Thang, Bun Cha, Banh Cuon, etc.

Then food culture in Central and Southern Viet Nam has developed suitable (5) \_\_\_\_\_ in each region. In Central Viet Nam, the regional cuisine of Central Viet Nam is famous for its spicy food, which differs from two other parts with mostly non-spicy food. Hue cuisine is typical Central Viet Nam's food culture. (6) \_\_\_\_\_ of Hue cuisine are decorative and colorful, which expresses the influence of the Vietnamese royal (7) \_\_\_\_\_ in the feudal period. Food in the region is often decorated (8) \_\_\_\_\_ and used with chili peppers and shrimp sauces, namely, Bun Bo Hue, Banh xeo, or Banh beo, etc.

In Southern Viet Nam, the region is characterized by warm weather and fertile soil, which creates favorable conditions for planting a variety of fruit, vegetables and (9) \_\_\_\_\_. Thus, food in the region is often added with garlic, shallots and fresh herbs. Particularly, Southerners are favored of sugar; they add sugar in most dishes. Here, there is also an (10) \_\_\_\_\_ of western and Asian cuisines on southern food, such as influences from China, India, France, and Thailand.

**IV. Fill in the blank with a suitable word.**

Many health (1) \_\_\_\_\_ believe that children and young people today are more (2) \_\_\_\_\_ than they used to be. So why has this happened?

One reason is bad eating habits. (3) \_\_\_\_\_ of young people don't have a healthy diet. They eat too much fast food (4) \_\_\_\_\_ hamburgers and pizza and not enough fruit and vegetables. In the US, many children have been eating fast food (5) \_\_\_\_\_ since they were very young. In fact, almost one-third of American children aged four to nineteen have been eating fast food (6) \_\_\_\_\_ all the time. They also don't (7) \_\_\_\_\_ exercise and spend too (8) \_\_\_\_\_ of their time watching TV, surfing the Internet or playing computer games.

So how can you change your habits if you have been following an unhealthy lifestyle for a long time? First, change your (9) \_\_\_\_\_ and eat more fruit and vegetables. Next, find an activity you enjoy. Why not try something different like rock climbing, surfing or hiking? Many young people have found that (10) \_\_\_\_\_ fit and healthy can be a lot of fun.

**V. Complete the sentences with *a*, *an*, *some* or *any*.**

- I don't have \_\_\_\_\_ paper.
- Is there \_\_\_\_\_ petrol in the car?
- I buy \_\_\_\_\_ fruits, but I don't have \_\_\_\_\_ vegetables.
- Do you have \_\_\_\_\_ stamps? I need two.
- I need \_\_\_\_\_ butter to make a cake.
- I don't have \_\_\_\_\_ free time today. Sorry.
- Are there \_\_\_\_\_ potatoes in the basket?
- There is \_\_\_\_\_ ink-pot on the table.
- Can I have \_\_\_\_\_ glass of milk?
- Thank you. And \_\_\_\_\_ box of chocolates would be fine.



**VI. Fill in the blanks with: much/ many/ few/ little/ most.**

1. She isn't very popular. She has \_\_\_\_\_ friends.
2. Ann is very busy these days. She has \_\_\_\_\_ free time.
3. Did you take \_\_\_\_\_ photographs when you were on holiday?
4. I'm not very busy today. I haven't got \_\_\_\_\_ to do.
5. This is very modern city. There are \_\_\_\_\_ old buildings.
6. The weather has been very dry recently. We've had \_\_\_\_\_ rain.
7. \_\_\_\_\_ English learners is becoming greater and greater.
8. \_\_\_\_\_ people have applied for the job.
9. Did it cost \_\_\_\_\_ to repair the car?
10. \_\_\_\_\_ of my friends live in HCM city.

**VII. Put the verbs in brackets into the correct tenses of the conditionals.**

1. If we **(take)** \_\_\_\_\_, the children **(not go)** \_\_\_\_\_ for a walk.
2. If she **(not read)** \_\_\_\_\_ the novel, she **(not pass)** \_\_\_\_\_ the literature test.
3. If I **(not argue)** \_\_\_\_\_ with my friend, he **(lend)** \_\_\_\_\_ me his motorbike.
4. If we **(take)** \_\_\_\_\_ the bus, we **(not arrive)** \_\_\_\_\_ in time.
5. If Dick **(not buy)** \_\_\_\_\_ the book, his friends **(be)** \_\_\_\_\_ angry with him.
6. If Tom **(not tidy up)** \_\_\_\_\_ his room, Victoria **(not help)** \_\_\_\_\_ him with the muffins.
7. If the boys **(not play)** \_\_\_\_\_ football, the girls **(not come)** \_\_\_\_\_ to the football pitch.
8. If you **(eat)** \_\_\_\_\_ too much junk food, you **(not lose)** \_\_\_\_\_ weight.
9. If I **(not make)** \_\_\_\_\_ breakfast tomorrow morning, my girlfriend **(not love)** \_\_\_\_\_ me anymore.
10. If they **(not hurry)** \_\_\_\_\_, they **(not catch)** \_\_\_\_\_ the train.

**VIII. Write one word in each gap to complete the sentences.**

1. Most people seem to be \_\_\_\_\_ of the harmful effects of their diet.
2. Everyone complemented her \_\_\_\_\_ the wonderful buffet she'd laid on.
3. The problem with drinks like that is they're full \_\_\_\_\_ sugar.
4. The snack choice was \_\_\_\_\_ fruit salad or chocolate cake.
5. I'm going to tell you what your supper is. You'll just have to wait \_\_\_\_\_ see.
6. She's generally regarded \_\_\_\_\_ being the best cookery book writer of her generation.
7. Most people associate English food \_\_\_\_\_ fish and chips and shepherd's pie.
8. Karen's very careful \_\_\_\_\_ how much the salt she has.
9. There's a lack \_\_\_\_\_ good restaurants round here.
10. The meat was well cooked, but the sauce was totally lacking \_\_\_\_\_ flavor.