

## What should I do to be safe/healthy?

Write *should* or *shouldn't*

You \_\_\_\_\_ wear a seat belt.

You \_\_\_\_\_ drink plenty of water

You \_\_\_\_\_ eat junk food.

You \_\_\_\_\_ brush teeth after meals.

You \_\_\_\_\_ warm up and stretch before doing sports.

You \_\_\_\_\_ eat in moderation.

You \_\_\_\_\_ go deep into water.

You \_\_\_\_\_ stay all day in the sun.

You \_\_\_\_\_ wash hands with soap.

You \_\_\_\_\_ get enough sleep.

You \_\_\_\_\_ ride a bike too fast.

You \_\_\_\_\_ wear comfortable shoes.