

1. When you go hiking,
  - a) always do it with an adult<sup>1</sup>.
  - b) never go to the forest alone.
  - c) you can go hiking without an adult if you have a big group.

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<sup>1</sup> adult — взрослый / дарослы

2. If you see a wild animal or a snake,
  - a) never touch, feed or go near it.
  - b) run away.
  - c) stand still<sup>1</sup> or back off slowly.
3. If you're thirsty,
  - a) you can drink water from a lake or a river if it looks clean.
  - b) never drink water from a lake or a river.
  - c) you should drink bottled water.
4. If you see wild berries,
  - a) you can eat them if you know they're safe.
  - b) you can eat only red berries.
  - c) you mustn't eat them.
5. If you want to roast potatoes or sing songs by an open fire,
  - a) only an adult can start a campfire.
  - b) you can start a fire if an adult is watching you.
  - c) don't forget to put out<sup>2</sup> the fire when you leave the campsite.
6. If you go hiking on a hot day,
  - a) take a waterproof jacket with you.
  - b) put on sunscreen and sunglasses.
  - c) put on a cap or a hat.
7. If you want to keep insects away,
  - a) set up camp away from the water.
  - b) start a fire.
  - c) use a whistle.

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<sup>1</sup> still — неподвижно / нерухома

<sup>2</sup> put out — потушить / патушыць

8. If you don't want to 'catch' a tick<sup>1</sup>,
  - a) keep your arms and legs covered.
  - b) use sunscreen.
  - c) eat five lemons.
9. At the end of the day you spent in the forest,
  - a) take a shower.
  - b) check your body for ticks.
  - c) ask an adult to check your body for ticks.
10. If you get lost in the forest,
  - a) try to find your group.
  - b) use a whistle or a mobile phone if it is working.
  - c) wait in a safe place for an adult to find you.