

1. When you go hiking,
a) always do it with an adult¹.
b) never go to the forest alone.
c) you can go hiking without an adult if you have a big group.

¹ adult — взрослый / дарослы

2. If you see a wild animal or a snake,
a) never touch, feed or go near it.
b) run away.
c) stand still¹ or back off slowly.
3. If you're thirsty,
a) you can drink water from a lake or a river if it looks clean.
b) never drink water from a lake or a river.
c) you should drink bottled water.
4. If you see wild berries,
a) you can eat them if you know they're safe.
b) you can eat only red berries.
c) you mustn't eat them.
5. If you want to roast potatoes or sing songs by an open fire,
a) only an adult can start a campfire.
b) you can start a fire if an adult is watching you.
c) don't forget to put out² the fire when you leave the campsite.
6. If you go hiking on a hot day,
a) take a waterproof jacket with you.
b) put on sunscreen and sunglasses.
c) put on a cap or a hat.
7. If you want to keep insects away,
a) set up camp away from the water.
b) start a fire.
c) use a whistle.

¹ still — неподвижно / нерухома

² put out — потушить / патушыць

8. If you don't want to 'catch' a tick¹,
- a) keep your arms and legs covered.
 - b) use sunscreen.
 - c) eat five lemons.
9. At the end of the day you spent in the forest,
- a) take a shower.
 - b) check your body for ticks.
 - c) ask an adult to check your body for ticks.
10. If you get lost in the forest,
- a) try to find your group.
 - b) use a whistle or a mobile phone if it is working.
 - c) wait in a safe place for an adult to find you.