Guess the word or phrase (from "The Male Midlife Crisis")

Old illusions slowly	old dreams disappear or change very
To r	sth - to recover, to get back
D	needs - our biological and social needs
Frank a	honest assessment
An "i	
trick people	
S	r renovation of our soul
То d	sth – to indicate
To feel u	not deserving respect or attention
I	imperfection
То р	sth a to avoid thinking about sth
To s	 f sth – to be the result of sth
To be u	to be forced to show their true self
D	a refusal to accept sth
D	dreams - ignored, neglected, abandoned dreams
To come to g	with sth/sb – to fight with sb/sth
	dreams - ruined dreams
То т	one's life – to organize (one's) life in a new or different
way	20 process (10 process 10 pr
C	_ lives – lives free from anxiety or responsibility