SCIENCE PROJECT (GRADE 8)
FORCES AND THEIR EFFECTS

NAME : _____

CLASS : _____

A. IDENTIFYING FORCES IN ACTION

Complete this table by identifying whether each action is a pull or a push.

You may carry out the action to help you decide.

ACTION	Is it A PULL or A PUSH?
Lifting a bag from the floor	
Lifting a dumbbell from chest level to above the head	
Squeezing a tube of toothpaste	
Stretching an elastic band	
Kicking a soccer ball	
Tugging the string of a kite	
Poking a fruit to check if it is ripe	
Stepping on a ladder	
Dragging trolley	
Flicking an insect away	

LIVEWORKSHEETS