Final Examination 2022

School: Anuban betong
Subject: Health and Physical education
Class: Primary 3
Marks: 10

Teacher: Yursem Seipainao Awungshi
Date: March 2022
Time: 40 minutes

Directions: There are 30 questions and all the questions are compulsory.

A. Choose the right answer.

1. Name three foods that are important for the formation of strong and healthy teeth?



Milk egg fish candy and sugar

2. Name the vitamin that keeps our gums strong and healthy?



Vitamin c vitamin a

LIVEWORKSHEETS

3. Who check your teeth when you have a toothache? Dentist or police?



Dentist police

4. Everybody needs friends.



Yes no

5. Write one positive feeling.



Sad happy

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6. How did you resolve your arguments?



Sorry I am right

7. What movement is this? Crawling or running?



Crawling sitting

8. Is this locomotor or non-locomotor movement?



Locomotor movement non-locomotor movement

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9. What sports is this?



Sprinting swimming

10. What step of swimming is this?



Sculling floating

B. Click the right answer.

11. Do not smoke and drink _____ drinks. (alcoholic/water).

12. Drink at least 8 glasses of water a _____. (week/day)

13. Wash your hands _____ eating food. (before/after).

14. Take bath _____. (everyday/once in two days)

15. Always learn to _____. (Fight/forgive)

16. Wash your _____ after you went to the toilet. (hands/legs)

17. Always help your _____ (family/animal)

18. Check your health at least once a _____ (month/year)

19. Electric will shock you if you touch the _____with wet hands. (Plugs/book)

20. If you play with knives and scissors, it'll _____ you. (Cut/help)

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C. Match the following.

21. Don't walk on the	Burn
22. Playing with fire will	Wet floors
23. Don't hit the	Kit
24. Before you eat medicine	Animals
25. First-aid	Handrail
26. Unplug	jacket
27. Stay away from the edge of the	always ask your parents
28. Don't poke your head	Road
29. Wear life	the electrical appliances
30. Hold the	Out of the car window

LIVEWORKSHEETS