

**Directions:** Read the text “A Good Night’s Sleep” and then fill in the gaps in the Anneli and Beatriz’s daily routine using the verbs in the green box.



*to wake up, to get up (x2), to do, to go (x2), to feel.*

**Anneli Hanka, 24, Finland.**

I always 1) \_\_\_\_\_ at about 4:00 in the morning. I don't want to sleep, so I 2) \_\_\_\_\_ and I 3) \_\_\_\_\_ yoga. Then I 4) \_\_\_\_\_ to bed again- Then I 5) \_\_\_\_\_ at 8:00 am and I 6) \_\_\_\_\_ to work. I feel fine. I never 7) \_\_\_\_\_ tired.



*to have, to go, to finish, to watch, to get up, to read, to sleep, to work, to phone, to get (x2)*



**Beatriz Romero, 32, USA**

She 1) \_\_\_\_\_ work at 6:00 in the evening and she 2) \_\_\_\_\_ home at 6:30. She 3) \_\_\_\_\_ a book or 4) \_\_\_\_\_ her friend Lily. Then she 5) \_\_\_\_\_ to bed for three hours. Her husband 6) \_\_\_\_\_ in a restaurant and he 7) \_\_\_\_\_ home at about 12:00 at night. So she 8) \_\_\_\_\_ up and they 9) \_\_\_\_\_ dinner and then they 10) \_\_\_\_\_ TV until about 3 am. Then she 11) \_\_\_\_\_ until 7 am.