3 HEALTH & MEDICINE

I can't stand smoking

The most difficult thing for me is to sit in a place that is full of the smell of cigarettes. When you visit an internet cafe', the first thing you face is this big cloud of smoke and **unpleasant** smell of cigarettes. It's completely not **healthy** to stay in such place.

Many people suffer from public places full of smokers who fill the air with their smoke. Even those who used to smoke once they **stay away** from this bad habit when they feel uncomfortable around smokers.

In the past people in Syria used to smoke only in public cafes, but nowadays people smoke everywhere, in the restaurant, offices, street, parks, even in the hall of the hospital. Smokers who used to smoke one pack daily and stopped can feel how much they lost of their **lungs** capacity.

Lately the government has issued a law to prevent smoking in many places, but apparently that didn´ t help. And the most important thing still is to find a way to convince and help people to stay away from the temporary **pleasure** of smoking

2. Choose the best synonyms for the following words.

1.Healthy
a.good
b.noxious
c.clean

4.Lung
a.pulmonary
b. alveolus
c.breathe

2.Unpleasant
a. disgusting
b.nice
c.harsh

5.Pleasure
a.bore
b.easy
c.satisfaction

3.Stay away
a. keep
b. to abandon
c. stop

3.Write (T) if the sentence is true and (F) if it is false

A. ☐ The smell of cigarettes is very pleasant.

B. ☐ t's healthy to stay in places full of smokers

C. ☐ In the past, people in Syria smoked everywhere.

D. ☐ Nowadays people smoke in restaurants, offices, streets, parks, and hospitals

E. ☐ Smoking is a healthy habit

F. ☐ Smokers loss of their lungs capacity

4. Choose the right answer to the question according to the text

What is the main topic of the text?
a.Syrian smokers
b.Law to prevent smoking
c.Smoking

5. Answer the questions according to the text

A. Is smoking a healy habit?

B. What is the most difficult thing for the author?

Activity 3