Chapter 9

Environmental Health

Reducing air pollution



We should conserve energy by turning off appliances and lights when we are not using them.

Subsequently, the amount of fuel that our power plants need to produce energy will be reduced and thus reduces air pollution too.

We should walk or use public transport more often. Air pollution will be reduced as there are fewer vehicles emitting smoke and harmful substances on the roads.



Reducing disease vectors



We should keep our pets clean and bathe them regularly.

This will reduce their chances of carrying vectors like ticks and fleas into our homes.

Questions:

1. How can we save energy in our house or at the school?
2. How does saving energy help to reduce air pollution?
3. What is the best method of transport (to create less air pollution).
4. Name another problem because of air pollution:
5. Why should we keep our pets clean?

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