

6B A day in my life

I. Vocabulary: A typical day

a. Complete the verb phrases.



1 **g**____ up



2 **f**____ work



3 **g**____ shopping



4 **h**____ a shower



5 **d**____ housework



6 **m**____ dinner



7 **w**____ TV



LIVE **WORKSHEETS**

b. Write the words in the chart.

| | | | | |
|--------|--------|------------|-----------|------------|
| a-bath | to-bed | breakfast | a coffee | to the gym |
| home | lunch | a sandwich | to school | to work |

| | |
|--------|--------|
| have | go |
| a bath | to bed |
| | |
| | |
| | |

c. Complete the text with the correct verb.

| | |
|-----------|---------|
| do | finish |
| get up | go (x4) |
| have (x3) | watch |

I'm Hannah and I'm a nurse. I work at night and I sleep during the day. I¹ finish work at eight o'clock in the morning and then I² _____ home and I³ _____ to bed. I⁴ _____ at about four o'clock in the afternoon and I⁵ _____ some cereal and orange juice for breakfast. Then I⁶ _____ shopping and I⁷ _____ the housework or⁸ _____ TV. At seven o'clock in the evening I⁹ _____ a shower and I¹⁰ _____ dinner before I¹¹ _____ to work again.



II. Grammar: Adverbs of frequency

a. Rewrite the sentences. Use the words in brackets.

1 I get up early. (always)

I always get up early.

2 Yasmin goes to school by bus. (usually)

Yasmin usually goes to school by bus.

3 You do housework. (never)

You never do housework.

4 They have fish for dinner. (sometimes)

They sometimes have fish for dinner.

5 Andy has lunch at home. (always)

Andy always has lunch at home.

6 I watch TV in the morning. (never)

I never watch TV in the morning.

7 We go shopping at the weekend. (sometimes)

We sometimes go shopping at the weekend.

8 They have coffee for breakfast. (usually)

They usually have coffee for breakfast.

b. Look at the chart and complete the sentences.

✓✓✓✓✓ = always
✓✓✓ = usually
✓ = sometimes
✗ = never



Diego

Jen

| | | |
|----------------------|-------|-------|
| go to the gym | ✗ | ✓✓✓✓✓ |
| read magazines | ✓ | ✓✓✓ |
| watch football on TV | ✓✓✓✓✓ | ✓ |
| get up early | ✓✓✓ | ✗ |

1 Diego never goes to the gym.
2 He reads magazines.
3 He watches football on TV.
4 He gets up early.
5 Jen goes to the gym.
6 She reads magazines.
7 She watches football on TV.
8 She gets up early.