IELTS Reading practice
True, false, not given

3. *Read the following text and answer true, false or not given.*

Coffee consumption has been shown to have minimal or no impact, positive or negative, on cancer development. However, researchers involved in an ongoing 22-year study by the Harvard School of Public Health state that "the overall balance of risks and benefits [of coffee consumption] are on the side of benefits."

Other studies suggest coffee consumption reduces the risk of being affected by Alzheimer's disease, Parkinson's disease, heart disease, diabetes mellitus type 2, cirrhosis of the liver, and gout. A longitudinal study in 2009 showed that those who consumed a moderate amount of coffee or tea (3–5 cups per day) at midlife were less likely to develop dementia and Alzheimer's disease in late-life compared with those who drank little coffee or avoided it altogether.

1. Scientists have linked coffee consumption to accelerated cancer development.
2. Some scientists believe that the benefits of drinking coffee outweigh the drawbacks.
3. Recent research links coffee consumption with a reduced risk of some illnesses.

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