IELTS Reading practice

Paragraph headings

8. *Read the following passage and choose the best title from the list below.*

Future Shock is a book written by the futurist Alvin Toffler in 1970. In the book, Toffler defines the term "future shock" as a certain psychological state of individuals and entire societies. His shortest definition for the term is a personal perception of "too much change in too short a period of time". The book became an international bestseller, selling over 6 million copies, and has been widely translated.

Toffler argued that society is undergoing an enormous structural change, a revolution from an industrial society to a "super-industrial society". This change overwhelms people, he believed, the accelerated rate of technological and social change leaving people disconnected and suffering from "shattering stress and disorientation" - future shocked. Toffler stated that the majority of social problems are symptoms of future shock. In his discussion of the components of such shock he popularized the term "information overload."

A) A shocking vision of the future.

B) What is “future shock”?

C) The career of the futurist Alvin Toffler.

D) A changing society.

LIVEWORKSHEETS