

**2.4 MOTIVATION UNIT**

*Choose the correct answer*

- 1. The intrinsic and extrinsic factors that stimulate people to take actions that lead to achieve a goal.**
  - a. Motivation
  - b. Training
  
- 2. Comes from external rewards associated with working in a task, for example pay and other benefits.**
  - a. Intrinsic motivation
  - b. Extrinsic Motivation
  
- 3. Comes from the satisfaction derived from working on and completing a task.**
  - a. Intrinsic motivation
  - b. Extrinsic Motivation
  
- 4. An example of Intrinsic motivation is:**
  - a. Growth
  - b. Pay raises
  
- 5. An example of extrinsic motivation is:**
  - a. Self-expression
  - b. Bonuses