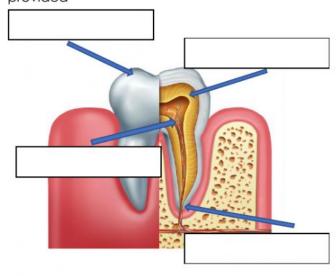
## MUEANG, ROI-ET, THAILAND

## ENGLISH PROGRAM P3 Health - 2 2022



Write down your answer on the space provided



Identify the following foods from the five food groups. Write "PRO" for Protein, "CAR" for Carbohydrates, "VEG" for Vegetables, "FRU" for Fruits and "FAT" for Fatty foods.

	_1.	Butter
	_2.	Banana
	_3.	Onion
	_4.	Kale
	_5.	Oats
	_6.	Salmon
	_7.	Pineapple
	_8.	Chicken
	_9.	Taro
	_10.	Cereals
	_11.	Eggs
	_12.	Beef
	_13.	Rice
	_14.	Celery
	_15.	Olives
	_16.	Coconut
	_17.	Eggplant
-	_18.	Grapes

Nickname: Class No.: Class Section: Date: Score:
19. Cucumber
20. Milk
21. Starch
22. Sesame
23. Tomatoes
24. Nuts
25. Broccoli
correct and "FALSE" if the statement is not correct. 1. Hold the rail while walking up and down the stairs. 2. Pull power plugs out after
using the equipment.
3. Play inappropriately with friends at school.
4. Use a damaged laboratory instrument at school.
5. Always cross the street at zebra crossings or overpass walkways.
6. When the yellow light is on, quickly cross the street.
7. If the bus is too crowded, wait for the next one.



\_8. Ride a bicycle on the right

\_9. Do not quickly jump to a

10. Wait for the electric train in

boat when it is departing, but wait for

front the yellow line or arrow.

of the street.

the next one.

Types of injury	Write the following under their food group.				
Identify the type of injury from the following situation. Write "bruise" "scratch" "cut" and "nosebleed" to show the correct type of	Sesame	Apple	Rice	Milk	
injury.	Starch Sugar		Coconuts	Carrot	
1. Being hit by a friend in a	Cabbage Meats		Butter	Onions	
nose.	Eggs	Taro	Kiwi	Palm oil	
2. Falling from a slide with the knees hitting the ground and being scratched.	Banana	Pumpkin	Potatoes	Nuts	
3. Being cut by a knife.	• Gr	oup 1	Protein		
4. Being hit by friends.					
5. Falling from playing catch and run game.		o			
	• Gr	oup 2	Carbohydrates		
6. Being cut by a sharp- edged toy.					
eagea loy.					
7. Falling down from stairs.		0			
8. Bumping your head with friends.		0			
menas.	• Gr	oup 3	Vitamins and minera	ıls	
9. Being hit by a ball in a			(Protect from disease	es)	
face.		o			
10. Using a ruler as a sword					
fencing with friends.		0			
Fill in the blanks.	• Gr	oup 4	Vitamins and minera (Promote good heal		
		0			
	• Gr	oup 5	Fats		
Function:		0			
Function:		0			
		0			
Function:					

**#LIVEWORKSHEETS**