

UNIVERSITY OF TECHNOLOGY AND APPLIED SCIENCES- IBRA

LEVEL – THREE - LISTENING

Use the words in the box correctly to complete the text.

stress	diseases	diet	strong	cause
exercise	likely	pressure	habit	healthy

1. Mosquitoes spread many _____ like malaria and dengue.
2. My grandfather is very _____. He doesn't suffer from any diseases.
3. Smoking is a very bad _____.
4. Students usually have a lot of _____ at the time of examinations.
5. You should include more vegetables in your _____.
6. Too much salt in the diet causes increased blood _____.
7. Doing regular exercises can help to develop a _____ body.
8. Many doctors say swimming is the best _____.
9. Ahmed studies very hard. He is _____ to get excellent grades.
10. Smoking is the main _____ of cancer.

(Biju C Thomas)

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