

Latihan : tingkat pra 4

A Sempoa

B Mental

Waktu : 15 menit offline (20 menit online)

1st

| No       | 1  | 2   | 3  | 4   | 5  | 6  | 7   | 8  | 9   | 10 |
|----------|----|-----|----|-----|----|----|-----|----|-----|----|
| <b>A</b> | 64 | 54  | 17 | 85  | 23 | 72 | 49  | 13 | 89  | 82 |
|          | 91 | 73  | 42 | 30  | 45 | 98 | 68  | 74 | 17  | 98 |
| Nilai    | 58 | -60 | 72 | 21  | 62 | 57 | 47  | 27 | 40  | 51 |
|          | 23 | 49  | 90 | 54  | 81 | 43 | -70 | 81 | 65  | 23 |
|          | 40 | 17  | 13 | -97 | 69 | 65 | 96  | 59 | 74  | 57 |
| Waktu    | 17 | -27 | 58 | 86  | 14 | 84 | -13 | 68 | -32 | 46 |
|          | 96 | 18  | 35 | -19 | 87 | 10 | 51  | 40 | 28  | 10 |
|          | 25 | -92 | 46 | 63  | 50 | 50 | -25 | 96 | -16 | 49 |
|          |    |     |    |     |    |    |     |    |     |    |

| No       | 1  | 2   | 3  | 4   | 5  | 6  | 7   | 8  | 9   | 10 |
|----------|----|-----|----|-----|----|----|-----|----|-----|----|
| <b>B</b> | 58 | 83  | 75 | 20  | 23 | 68 | 80  | 81 | 37  | 30 |
|          | 69 | 95  | 21 | 74  | 41 | 10 | 96  | 90 | 81  | 49 |
| Nilai    | 17 | -46 | 93 | -13 | 86 | 45 | -51 | 34 | 24  | 81 |
|          | 23 | 12  | 64 | 85  | 75 | 29 | 73  | 25 | -56 | 67 |
|          |    |     |    |     |    |    |     |    |     |    |

Dibuat oleh MrsLucky  
Sanggar Listra Group  
22 Februari 2022