

FIT AND HEALTHY

Read and choose:



a) My brother is _____.



b) I _____ lots of sweets.



c) My mother _____ to bed late.



d) Paul _____ lots of TV.



e) My sister _____ vegetables every day.



d) I _____ water at meals.



e) Anna _____ sport five times a week.



f) I _____ to bed early.



g) They _____ active.



h) She _____ a book before she goes to bed.