



La Verne Academy Inc.

"Educating the Mind, Transforming the Heart,
Nurturing the Spirit and Strengthening the Physique"

B29 L20-23 Washington St., Golden City Subd., Anabu IIF, Imus City, Cavite

Intermediate Department

School Year 2021 - 2022



Third Quarterly Test in ESP 4

Name: _____

Date: _____

Grade & Section: _____

Teacher: Sir Den

Direction: Choose the best answer. Write your answer on the space before the number. Use **CAPITAL** letter.

- It is the lack of strength to do things.
 - Strength
 - Confidence
 - Weakness
 - Talent
- When does a person feel weak?
 - when he/she is good at his/her her talent.
 - when he is angry.
 - when a person accepts that he/she is not good at it.
 - when people are telling him that he is not good.
- Is Albert Einstein a genius even when he was a child?
 - Yes, because his parents was also genius
 - Yes, because he is studying very hard.
 - No, because he was a poor boy.
 - No, because he is mentally slow and it took him so long to learn to talk.
- What things makes Albert Einstein interested?
 - Sports
 - only subjects he likes
 - Music
 - Nothing
- The following are strategies to overcome weakness EXCEPT:
 - letting your weakness aside and focus on your strength.
 - Having self-confidence.
 - Finding a solution for your weakness.
 - Accepting that you have a weakness.
- Knowing your weakness is one of the strategy to overcome your weakness. Which of the following scenario is applicable.
 - Anna is over-confident in joining a contest.
 - Lorenzo is reviewing his math subject for his quarterly exam.
 - Mary is a singer but she never practice.
 - Allan is a very good cook, he always try new recipe to cook.
- Jobert is joined a singing competition, while at the stage he keeps on trembling and saying he cannot do it. What characteristics Jobert lacks?
 - Confidence
 - Composure
 - Talent
 - Focus
- When you are given a task that you can't do, what would be the best thing to do?
 - Do not accept the task when you can't do it.
 - Ignore the task and do other task instead.

- d. Accept the task and work on your weakness.
9. Ariela is not good at speaking English, what would be best to do?
- a. Practice by watching and listening English movies and audios.
 - b. Just speak even her grammar is not correct.
 - c. Ignore learning English instead learn other language.
 - d. Have confidence speaking, because confidence will make you better.
10. "Experience is the BEST teacher", which among the following scenario believe in the saying?
- a. Anabel practicing her violin in front of the audience.
 - b. Bella mocking a deaf child.
 - c. Selena who is playing because she got perfect in the test.
 - d. Cookie that is depressed because her playmates told her she is not fast at running.

Test II. Read the story before answering the questions. Each question is equivalent to 3 points

Boy Learned Judo

Sometimes our biggest weakness can become our biggest strength. Take, for example, the story of one 10-year-old boy who decided to study Judo despite the fact that he had lost his left arm in a devastating car accident.

The boy began lessons with an old Japanese Judo master. The boy was doing well, so he couldn't understand why, after three months of training the master had taught him only one move.

"Sensei," the boy finally said, "Shouldn't I be learning more moves?"

"This is the only move you know, but this is the only move you'll ever need to know." – the sensei replied.

Not quite understanding, but believing in his teacher, the boy kept training.

Several months later, the sensei took the boy to his first tournament. Surprising himself, the boy easily won his first two matches. The third match proved to be more difficult, but after some time, his opponent became impatient and charged; the boy deftly used his one move to win the match. Still amazed by his success, the boy was now in the finals.

This time, his opponent was bigger, stronger, and more experienced. For a while, the boy appeared to be overmatched. Concerned that the boy might get hurt, the referee called a time-out. He was about to stop the match when the sensei intervened.

"No," the sensei insisted, "Let him continue."

Soon after the match resumed, his opponent made a critical mistake: he dropped his guard. Instantly, the boy used his move to pin him. The boy had won the match and the tournament. He was the champion.

On the way home, the boy and sensei reviewed every move in each and every match. Then the boy summoned the courage to ask what was really on his mind.

"Sensei, how did I win the tournament with only one move?"

"You won for two reasons," the sensei answered. "First, you've almost mastered one of the most difficult throws in all of judo. And second, the only known defense for that move is for your opponent to grasp your left arm."

The boy's biggest weakness had become his biggest strength. Sometimes our biggest weakness can become our biggest strength. ~ Get Inspired ~ Inspire others ~ Share with loved

1. What is the weakness of the boy? Explain.

2. What did he do to overcome his weakness?

3. The boys masters says he won for two reasons, first is he mastered one of the most difficult throws in judo and second he know the defense. Knowing the appearance of the boy how do you think he won?

4. If the boy didn't win the championship, does it mean he is still weak?

5. If you are in the situation of the boy who lost his left arm, what strategy will you going to use to overcome your weakness? Explain.