

**A** Match the pictures to the words.

a



b



c



d



e



1

 c

go to bed early

2

healthy food

3

junk food

4

play outside

5

go to bed late

**B** Complete the phrases. Put a check (✓) in the box for the things you should do and put a cross (✗) in the box for the things you shouldn't do.

1  eat healthy food

2  play outside

3  go to bed late

4  eat junk food

5  go to bed early

**C** What do you do? Write true answers for you.

1 I eat \_\_\_\_\_ food.

3 I don't eat \_\_\_\_\_ food.

2 I go to bed \_\_\_\_\_.

4 I don't go to bed \_\_\_\_\_.