A Match the pictures to the words.

a 

b 

c 

d 

e 

1 [c] go to bed early

2 [ ] healthy food

3 [ ] junk food

4 [ ] play outside

5 [ ] go to bed late

B Complete the phrases. Put a check (✓) in the box for the things you should do and put a cross (✗) in the box for the things you shouldn't do.

1 [✓] eat healthy food

2 [ ] play o_____

3 [ ] go t__ b____ l_____

4 [ ] eat j_____ f_____

5 [ ] go t__ b____ e_____

C What do you do? Write true answers for you.

1 I eat _____ food.

2 I go to bed _____.

3 I don't eat _____ food.

4 I don't go to bed _____.

LIVEWORKSHEETS