

A Match the pictures to the words.

a



b



c



d



e



1 ☐ c go to bed early

2 ☐ healthy food

3 ☐ junk food

4 ☐ play outside

5 ☐ go to bed late

B Complete the phrases. Put a check (✓) in the box for the things you should do and put a cross (X) in the box for the things you shouldn't do.

1 ☒ eat healthy food

2 ☐ play outside

3 ☐ go to bed late

4 ☐ eat junk food

5 ☐ go to bed early

C What do you do? Write true answers for you.

1 I eat _____ food.

3 I don't eat _____ food.

2 I go to bed _____.

4 I don't go to bed _____.