

G12 Unit 6.6 Dietary Intake Methods

Match the correct information



1. The letter D in assessment of nutritional status stands for

- A. Diet Function
- B. Dietary intake
- C. Dirty nutrition
- D. Diet recall

2. There are --- most commonly use dietary intake assessment

- A. 3
- B. 4
- C. 6
- D. 2

3. Which of the following is an advantage of the 24-hour diet recall

- A. it does not take a large amount of time.
 - B. the patient could be dishonest.
 - C. this method relies on memory only
4. Which of the following Information is not include the 24 hour diet recall
- A ingredient,
 - B. cooking method,
 - C leftovers.
 - D. Obesity

5. For the 3 days food dairy, patients must record their food intake for three days from real-time and not memory

- A. True
- B False

6. Which of the following is a disadvantage of the food frequency questionnaire

- A. It can be used on large groups of people
- B. diary entries are done in real-time and do not rely on memory
- C. it does not take a large amount of time.
- D It requires a good level of memory, especially for longer timeframe.