G12 Unit 6.6 Dietary Intake Methods

Match the correct information



1.The letter D in assessment of nutritional status stands for

A Diet Function

B. Dietary intake

C. Dirty nutrition

D. Diet recall

2.There are --- most commonly use dietary intake assessment

A. 3
B. 4
C. 6
D. 2

3. Which of the following is an advantage of the 24-hour diet recall

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- A. it does not take a large amount of time.
- B. the patient could be dishonest.
- C. this method relies on memory only

4. Which of the following Information is not include the 24 hour diet recall

A ingredient,

B. cooking method,

C leftovers.

D. Obesity

5. For the 3 days food dairy, patients must record their food intake for three days from real-time and not memory

A. True

B False

6.Which of the following is a disadvantage of the food frequency questionnaire

A. It can be used on large groups of people

B. diary entries are done in real-time and do not rely on memory

C. it does not take a large amount of time.

D It requires a good level of memory, especially for longer timeframe.

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