



Spotlight 8

Vocabulary Task 8814

1. Drag the adjective to their definitions.

enjoyable tiring exciting thrilling relaxing frightening
challenging dangerous frustrating unsafe healthy risky

1. helping you to rest and become less anxious = _____
2. involving the possibility of something bad happening = _____
3. exciting and enjoyable = _____
4. causing great interest or excitement = _____
5. making you feel afraid = _____
6. causing you to feel annoyed and impatient because you cannot do or achieve what you want
= _____
7. promoting health; good for your health = _____
8. difficult in an interesting way that tests your ability = _____
9. that involves risk = _____
10. giving pleasure = _____
11. making you feel the need to sleep or rest = _____
12. dangerous = _____

2. Choose the adjective that best completes each sentence and drag it into its place.

1. Surfing the waves is very _____. **fearless** **exciting**
2. Playing hockey for an hour is _____. **gentle** **exhausting.**
3. It must be a _____ experience to go skydiving. **boring** **thrilling**
4. He enjoys doing _____ sports like rock climbing. **brave** **dangerous**
5. A good game of squash is always _____. **careful** **challenging.**
6. Sailing offers _____ moments when the sea is calm. **peaceful** **shallow**
7. One of the most popular _____ sports in the world is football. **competitive** **relaxing**
8. Hiking could be _____ if a person is not fit enough. **tiring** **fun**

