

4 Complete the sentences with words from the list.

• expectancy • circumstances • bills • process • lifestyle • number

- 1 If you exercise regularly and eat sensibly, you'll spend a lot less on medical
- 2 Nowadays, most people lead a much healthier than they did 50 years ago.
- 3 People are a lot younger than they were, but a lot depends on their social
- 4 People have a much higher life today than they did in the 19th century.
- 5 Of course we can't stop the ageing, but we can certainly slow it down.
- 6 There is a record of pensioners wanting to start up their own business.

Match the sentences, then explain the words in *italics*. Which of these idioms/phrases are the same in your language?

A

- 1 ☐ The city centre *comes to life*
- 2 ☐ Cheese *goes bad* if
- 3 ☐ She's just *killing time* until
- 4 ☐ You'll have *the time of your life* if
- 5 ☐ A *couch potato* spends
- 6 ☐ *Having a sweet tooth* is to

B

- a it's not kept in the fridge.
- b you visit us in the summer.
- c blame for her being overweight.
- d most of their time watching TV.
- e her taxi arrives.
- f after midnight.

- 1 The island gets more exciting during the festive season.
- 2 Meat becomes unfit to eat if you don't put it in the fridge.
- 3 Jane had the most enjoyable experience ever on holiday in Spain.
- 4 My brother spends a lot of time watching television.
- 5 I'm afraid I've got a passion for sugar so I find it hard to lose weight.

A sweet tooth

Is a couch potato

The time of my life

Go bad

Come to life