

#### 4 Complete the sentences with words from the list.

- expectancy • circumstances • bills • process • lifestyle • number

- 1 If you exercise regularly and eat sensibly, you'll spend a lot less on medical .....
- 2 Nowadays, most people lead a much healthier ..... than they did 50 years ago.
- 3 People are a lot younger than they were, but a lot depends on their social .....
- 4 People have a much higher life ..... today than they did in the 19th century.
- 5 Of course we can't stop the ageing ....., but we can certainly slow it down.
- 6 There is a record ..... of pensioners wanting to start up their own business.

**Match the sentences, then explain the words in italics. Which of these idioms/phrases are the same in your language?**

**A**

- 1  The city centre comes *to life*
- 2  Cheese goes *bad* if
- 3  She's just *killing time* until
- 4  You'll have *the time of your life* if
- 5  A *couch potato* spends
- 6  Having a *sweet tooth* is to

**B**

- a it's not kept in the fridge.
- b you visit us in the summer.
- c blame for her being overweight.
- d most of their time watching TV.
- e her taxi arrives.
- f after midnight.

- 1 The island gets more exciting during the festive season.
- 2 Meat becomes unfit to eat if you don't put it in the fridge.
- 3 Jane had the most enjoyable experience ever on holiday in Spain.
- 4 My brother spends a lot of time watching television.
- 5 I'm afraid I've got a passion for sugar so I find it hard to lose weight.

**A sweet tooth**

**Is a couch potato**

**The time of my life**

**Go bad**

**Come to life**