EZ speakers
lesson 23.3

@LizaPrav

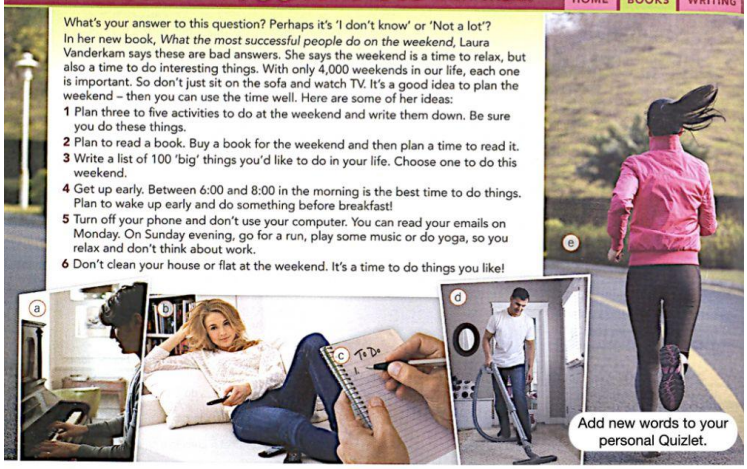
goals
reading
to be going to go
do/make in collocations

ONLY 4,000 WEEKENDS IN YOUR LIFE! SO, WHAT ARE YOU GOING TO DO WITH THEM?

HOME | BOOKS | WRITING

What's your answer to this question? Perhaps it's 'I don't know' or 'Not a lot'? In her new book, *What the most successful people do on the weekend*, Laura Vanderkam says these are bad answers. She says the weekend is a time to relax, but also a time to do interesting things. With only 4,000 weekends in our life, each one is important. So don't just sit on the sofa and watch TV. It's a good idea to plan the weekend – then you can use the time well. Here are some of her ideas:

1 Plan three to five activities to do at the weekend and write them down. Be sure you do these things.
2 Plan to read a book. Buy a book for the weekend and then plan a time to read it.
3 Write a list of 100 'big' things you'd like to do in your life. Choose one to do this weekend.
4 Get up early. Between 6:00 and 8:00 in the morning is the best time to do things. Plan to wake up early and do something before breakfast!
5 Turn off your phone and don't use your computer. You can read your emails on Monday. On Sunday evening, go for a run, play some music or do yoga, so you relax and don't think about work.
6 Don't clean your house or flat at the weekend. It's a time to do things you like!



Add new words to your personal Quizlet.

1 Read about Laura Vanderkam's new book. Which sentence is her main idea?

1. Weekends are too short and we don't have many of them.
2. It's not a good idea to do a lot at the weekend.
3. it's important to see the time well at the weekend.

2 What do you think of Laura's ideas? Which do you like/ which don't you like? Why / Why not?

3 Look at Wendy, Dermot and Rini's plans for the weekend. Match them with ideas 1-3 in the text.

Wendy's big ideas

I'd like to ...
- make a cheesecake
- visit Paris
- paint my room
- learn Chinese
- read a book by Stephen King
- start a blog
- go parachuting

DERMOT'S DIARY
SUNDAY
10:00
11:00
12:00 Sit in the park and read my new book.
1:00
2:00

Rini's weekend to-do list
This weekend I'm going to:
1 go for a long run (10 km or more!).
2 invite some friends for dinner.
3 have my first tennis lesson.

4 Match the verbs in the box wit the words and phrases in 1-8

paint clean use make invite visit go do

1. sport / your homework
2. friends / someone to a party
3. a friend / a museum
4. a list / lunch
5. a picture / a wall
6. your flat / windows
7. your phone / the internet
8. for a walk / shopping

Listen to check. 4.64

5 Listen and repeat the verbs and their past forms

4.65



6 Find examples of each verb from 5 in the texts. Add them to 1-8 in 4.

7

Sound and spelling /v/ and /w/

1 4.66 Listen and practise these sounds.
1 /v/ visit 2 /w/ weekend

2 4.67 Listen to these words and practise saying them.

invite verb watch with evening well never

Add new words to your personal Quizlet.

8 Choose the correct words.

1. He's 85 kilos. He eats a lot and he never does / makes sport.
2. It's my birthday next week. I'm going to visit / invite some friends to my flat for a meal
3. She's going to paint / draw the walls of her room dark green. Don't ask me why!
4. We were in Moscow and we visited / went Red Square.
5. I'm going to do / make some coffee.
6. A woman comes on Wednesday. She does / makes all the cleaning and washing for us.
7. Excuse me> can I clean / use your phone? I need to call my sister.

9 Write three sentences with the phrases about yourself.

LIVEWORKSHEETS