Year 2 Science
(Week 7)
Worksheet – Symptoms and Illnesses

Name: _____ **Class: Year 2 A B C D** **Date: 18th February 2022**

I Read about the illnesses below.



If someone **sneezes** or **coughs** on us, their germs can give us a **cold**. This makes our **nose run**. We may get a **sore throat**. We may have a **headache**. We should put our hand or tissue in front of our mouth and nose when we cough or sneeze.



Some illnesses can cause a **rash – red spots**. This is called **chickenpox**. They can be **itchy**. We should try not to scratch them. We also feel **hot**.



If we eat food with unclean hands, we could get **stomach flu**. Your **tummy** might **ache**, feel **sick** or **go to the toilet a lot**. Unclean hands have germs on them. We should wash our hands before eating or cooking to avoid this.



Sometimes young children can get sores inside their mouth(**ulcers**). **Itchy rashes** can also be seen **on** their **hands** and **feet**. We call this **hand, mouth, foot disease (HMFD)**. To avoid this, it is important to wash your hands with soap, clean surfaces you touch and not share drinking cup drinks and eating utensils.

List the **symptoms** for each **illness** from the sentences above.

Illness	Symptoms
cold	....., ..., ..., ...
chickenpox	....., ..., ...
stomach flu	....., ..., ...
HMFD	....., ...

red rash spots
coughing
feel hot
sore throat
headache
tummy ache
sneezing
itchiness
mouth ulcers
frequent toilet breaks
runny nose
rashes on hand and feet
feel sick

LIVEWORKSHEETS