

Ways to Care for the Body (Senses)

Select all the ways you can take care of your body.

1.  Only eating junk food.	 Eating a balanced meal.
2.  Brushing your teeth after meals.	 Eating too much candy.
3.  Playing in the dirt.	 Taking a bath regularly.
4.  Going to sleep early.	 Staying up late.
5.  Being inactive.	 Being active.