

Name: _____

Date: _____

The Multi-Mix Principle

Instruction: Identify the type of mix from the foods below.

- a) Rice + gungo peas _____
- b) Stewed peas with pigs' tail + rice + tossed vegetable salad _____
- c) Beef Patty _____
- d) Cheesy Potato Wedges _____
- e) Curried chicken + baked potato + tomato slices _____
- f) Cheese bread _____
- g) Rasta Chicken Pasta _____
- h) Barbecue Zinger _____