February 10, 2022

Types of Joints

Instructions: Answer all questions.

- 1) What is a joint?
- 2) What are the two main types of joints?
- 3) Give one example of where an immoveable joint can be found.
- 4) Name and describe the four main types of joints.
- 5) Classify the following and state whether each is a hinge, gliding, ball and socket, or pivot joint.
 - a. Hip
 - b. Shoulder
 - c. Elbow
 - d. Knee
 - e. Wrist
 - f. Ankle
 - g. Joint in the neck

