

NARCISO GARAY ELEMENTARY SCHOOL

6° A

Healthy eating

Activity No.5

Teacher: Mildred Moscote

Date:

Instructions:

Choose (T) for true and (F) for false statements.

- 1. Obesity may increase a person's risk of developing cancer.**
- 2. We can prevent heart disease and strokes by increasing physical activities.**
- 3. Diets rich in fruits and vegetables may help to protect against cancer.**
- 4. Unhealthy recipes keep you in good shape.**