

ACTIVITIES ABOUT THE LOCOMOTOR SYSTEM.

1. Choose the correct answer

1. Which of the following sections of the vertebral column is positioned nearest to the head?
 - a. Lumbar vertebrae
 - b. Cervical vertebrae
 - c. Coccyx
2. Which two bones connect at the shoulder?
 - a. Scapula and sternum
 - b. Scapula and humerus
 - c. Humerus and sternum
3. Which of these muscle types are found in the heart?
 - a. Cardiac muscle
 - b. Smooth muscle
 - c. Skeletal muscle
4. Which of the following muscle types is under conscious control?
 - a. Cardiac muscle
 - b. Smooth muscle
 - c. Skeletal muscle
5. Which muscle operates as the antagonistic pair in combination with the quadriceps?
 - a. Gluteus maximus
 - b. Hip flexors
 - c. Hamstrings

2. Drag in the correct column

Joints	Bones	Muscles
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1. Finger	2. Hamstring	3. Spine
4. Ankle	5. Trapezius	6. Elbow
7. Carpals	8. Dorsi	9. Tibia

3. Link the word in English with its meaning

- Contract • • Join the bone to another bone
- Tendon • • It is a muscle cell
- Ligament • • It is one of the functions of the skeleton
- Fibre • • Join the muscle to the bone
- Support • • When the muscle becomes shorter
- Long • • Translates the force generated by the skeletal muscle.
- bone