Grade 11 **Unit 6 Lesson 7** **Listening worksheet**

Listening 27

Professor Morris talks about different technologies that help us keep fit and healthy. Which of the ones below does he recommend? Listen and check your answers.

- fitness leggings
- heart monitor
- fitness headphones
- smart scale
- running/cycling phone app

2 Listen again and decide if the sentences below are true (T) or false (F).

1 Prof. Morris thinks there are too many gadgets related to fitness.
2 Prof. Morris is keen on the heart monitor because of its size.
3 The phone app suggests what speed you should be cycling or running at.
4 Users of the phone app can motivate each other.
5 Prof. Morris says the smart scale is rather old-fashioned.
6 The smart scale can keep track of more than one user's data.

LIVEWORKSHEETS