

SPEAKING

Ex 6. Complete the conversation about eating habits, using the responses (A-G) given. There are two extra ones.

- A. Besides reducing the intake of sugar, we should eat more fresh fruits and vegetables, cook meals at home.
- B. Have green tea after meals because it can help increase metabolic rate.
- C. I never skip breakfast because we cannot concentrate in class when we're hungry.
- D. Many of us tend to eat a lot of snacks when we do homework late at night.
- E. Our teachers often say that eating right can help us maintain a healthy weight and avoid certain health problems.
- F. We need a lot of water every day, not soft drinks.
- G. We may eat five or six times a day whenever we feel hungry.

Tom: Have you had breakfast yet, Nina?

Nina: I did. (41) _____

Tom: I agree with you. And I always bring my water bottle with me to school.

Nina: (42) _____

Tom: Soft drinks are rich in energy and they are bad for our teeth.

Nina: (43) _____

Tom: Right. I always enjoy breakfast and dinner cooked by my Mum.

Nina: Me too. (44) _____

And we should close the kitchen after dinner.

Tom: What do you mean?

Nina: (45) _____

WRITING

Ex 7. Use the words given and other words, complete the second sentence so that it has a similar meaning to the first sentence. Do not change the word given. (Use 2 - 5 words in total).

1. Lan hasn't decided where to go on holiday. **mind**

Lan hasn't _____ about where to go on holiday.

2. We don't like travelling during peak season. **into**

We _____ during peak season.

3. Scuba-diving is not really my cup of tea. **interested**

I _____ cuba-diving.

4. No mountains in Western Europe are higher than Mount Blanc. **the**

Mount Blanc _____ Whestern Europe.

5. They require special permits to access Son Doong Cave. **to**

Special permits _____ So Doong Cave.

Ex 8. Write full sentences. Use the words/ phrases given.

- 1 More/ new/ restaurant/ hotel/ will/ build/ town/ accommodate/ increasing/ . number/ tourist//.

- 2 Although/ Canberra/ capital/ Australia/ not/ popular/ tourists/ as/ Sydney//.

- 3 While/ mass tourism/ not have/ negative effect/ developed countries/ can/ . harmful effect/ underdeveloped areas/ world//.

4 Yesterday/ we/ take/ bus/ small town/ coast/ and/ find/ hotel/ beautiful view/
. sea//.

5 Sustainable/ tourism/ tourism/ attempt/ make/ as/ low impact/ environment/
. local culture/ possible//.