

Advice for Healthy Teeth: Time Clauses

Match.

1. When you eat or drink sweet foods and drinks,	it is time to get a new one.
2. When the bristles on your toothbrush begin to fray,	parents should assist them to brush their teeth.
3. After an illness,	their mouths should be cleaned using a soft washcloth, finger brush or infant brush.
4. From the time babies are born,	most children can brush their teeth without supervision.
5. When teeth appear,	the sugar combines with the plaque and creates acid.
6. Once a child's teeth are touching,	start brushing them daily with a soft brush.
7. Until children are 8 years of age,	flossing should begin.
8. When they reach the age of 8,	you should also replace your toothbrush.

Adapted from OPH-OCDSB Collaborative Team. *Language Learning for Health*. City of Ottawa – Ottawa Public Health and Ottawa-Carleton District School Board, Ottawa, 2014.