

Advice for Healthy Teeth: Time Clauses

Match.

| | |
|--|--|
| 1. When you eat or drink sweet foods and drinks, | it is time to get a new one. |
| 2. When the bristles on your toothbrush begin to fray, | parents should assist them to brush their teeth. |
| 3. After an illness, | their mouths should be cleaned using a soft washcloth, finger brush or infant brush. |
| 4. From the time babies are born, | most children can brush their teeth without supervision. |
| 5. When teeth appear, | the sugar combines with the plaque and creates acid. |
| 6. Once a child's teeth are touching, | start brushing them daily with a soft brush. |
| 7. Until children are 8 years of age, | flossing should begin. |
| 8. When they reach the age of 8, | you should also replace your toothbrush. |

Adapted from OPH-OCDSB Collaborative Team. *Language Learning for Health*. City of Ottawa – Ottawa Public Health and Ottawa-Carleton District School Board, Ottawa, 2014.