

UNIT 12: MUSIC

Read the following passage and mark the letter A, B, C or D on your answer sheet to indicate the correct answer to each of the question:

Psychologists at Brunel University in London say that certain types of music help people to get started and also to exercise for a long time. People who listen to music exercise for 13 percent longer than people who don't. International athletes often listen to music when they are training. Doctors know about the therapeutic effects of music. Listening to music can help people recover after operations. Teachers should pay attention, too. In a study at the University of California, students who took a test while listening to a Mozart sonata scored 30 percent higher than students who took the test in silence. Music also relaxes people after a stressful day. When someone is nervous or afraid, it can make them feel better.

1. What is the passage mainly about?

- A. Music and psychologists
- B. Music is good for only international athletes
- C. Benefits of music
- D. Students should take a test while listening to music

2. Which of the following is not true?

- A. People who don't listen to music cannot exercise as long as those who do.
- B. Music has therapeutic effects.
- C. Students can do the test better while listening to music.
- D. Some people are afraid of music.

3. Where are the students mentioned in the passage from?

- A. London.
- B. The USA.
- C. Throughout the world.
- D. London and California.

4. According to the passage, what does the word "study" refer to?

- A. students' work at university
- B. scientists' research
- C. teachers' work at university
- D. student's discovery

5. How much longer can a person exercise with music?

- A. thirteen percent
- B. thirty percent



C. three percent

D. fifty percent

6. The word nervous may be understood as

-----.

A. sad

B. wonder

C. worried

D. hesitant