

# Addictions

Chocolate

computer

amphetamines

TV

Caffeine

Gaming

Pacifier

A- Identify the different types of addictions shown in the pictures.

smoking



1-

An addiction is when a person has lost control over doing, taking or using something. It's possible to become addicted to anything, but some addictions are more damaging than others.

Addictions can be to substances or to behaviours. Addictions affect health in a bad way and interfere with a person's ability to lead a normal life.

2-



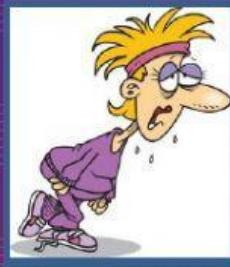
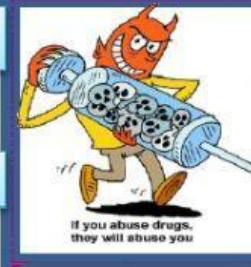
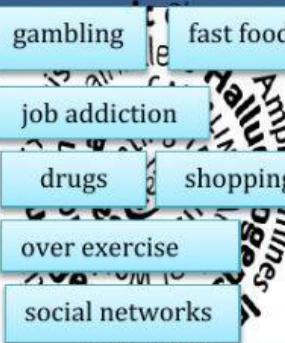
3-

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16-

B- Now answer these questions.

- 1- Are you addicted to anything? What?
- 2- Why do addictions happen?
- 3- Which consequences can an addiction have on a person?
- 4- How can a person overcome an addiction?



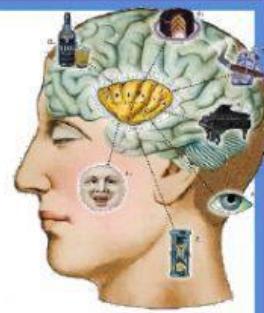
Web of

Addictions

**alcoholic gameaholic food addiction substance abuse  
 drug addict addicted smoker shopaholic  
 overdose chocoholics Netaholics workaholics  
 over exercising pacifier gambling addiction  
 gambling caffeine over-eaters**

B- Complete the sentences with the words/expressions in the box above.

1. Some people become \_\_\_\_\_ to things more easily than others.
2. This man must be an \_\_\_\_\_. It's 10 a.m. and he has already drank 10 beers.
3. My eldest brother is a heavy \_\_\_\_\_. He smokes three packs a day.
4. Like alcoholics and their drinking, smokers and their nicotine, drug addicts and their drug of choice, \_\_\_\_\_ use food to fill a void.
5. He spends many hours a day playing computer games. He is a \_\_\_\_\_.
6. She is in big debt because she buys everything she sees. She is a \_\_\_\_\_. I think she should look for professional help.
7. \_\_\_\_\_ is the compulsive, excessive craving for and consumption of food.
8. Some \_\_\_\_\_ develop an emotional attachment to online friends and activities.
9. Jason was a \_\_\_\_\_. He was dependent on cocaine. He died of an \_\_\_\_\_.
10. \_\_\_\_\_ is a stimulant, and like any drug you can become physically dependent on it, suffer from withdrawal if you don't get it and overdose if you have too much of it. Symptoms of being strung out on coffee include changes in alertness, mood swings, and headaches
11. \_\_\_\_\_ are people who are addicted to working. They are obsessed with work and when they aren't working, they are irritated and restless.
12. When someone first starts to use drugs, it is called \_\_\_\_\_. We say someone is addicted to drugs when they have no control over whether they use the drug or not.
13. Some people are constantly \_\_\_\_\_ to make themselves feel good, but they are really harming their bodies.
14. \_\_\_\_\_ is the inability to control the urge to take risks. The thrill of the risk and the rush of adrenaline are the highs associated with \_\_\_\_\_. Those with this addiction often find themselves facing financial ruin if they do not get treatment.
15. My baby sister is addicted to her \_\_\_\_\_. She never falls asleep without it.
16. Some \_\_\_\_\_ think that they are addicted to chocolate and that's because they cannot stop eating it.



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