1 Fruit and vegetables are full of ..... .

A vitamins **C** protein
B fat **D** calcium

2 England first ..... the famous Glastonbury Festival in 1970.

A made **C** held
B happened **D** kept

3 Irene makes her own biscuits because she loves ..... food.

A traditional **C** delicious
B homemade **D** junk

4 'Could you ..... the table so that we can start eating?'

A lay **C** serve
B decorate **D** put

5 'My tea is too sweet! How much ..... did you put in it?'

A flour **C** grains
B baking powder **D** sugar

6 ..... are usually orange in colour.

A Onions **C** Carrots
B Grapes **D** Potatoes

7 This morning, Luke ate four slices of ..... with butter!

A bagels **C** bread rolls
B bread **D** crackers

8 Katy always has a big ..... before she goes to school in the morning.

A lunch **C** dessert
B breakfast **D** supper

9 In Chinese culture, rice ..... wealth and luck.

A means **C** represents
B decorates **D** symbolises

10 Beverly ..... a delicious birthday cake for her daughter.

A boiled **C** peeled
B fried **D** baked

11 In Thailand they grow a lot of ..... .

A spaghetti **C** noodles
B macaroni **D** rice

12 Tina should eat smaller ..... of food or she will gain weight.

A dishes **C** portions
B proportions **D** plates

13 'I need a ..... of sugar. Could you please go to the supermarket for me?'

A carton **C** bag
B packet **D** can

14 Every time Maria's grandmother visits she brings ..... of strawberry jam.

A bottles **C** cups
B glasses **D** jars

LIVEWORKSHEETS