

Health Problems Series

Skin

Quiz

Keratin	melanin
Sun exposure	melanoma
Hair	sebum
Acne	sebaceous
Epidermis, dermis, subcutaneous layer	collagen
Dermis	elastin

1. Name the three layers of skin:
2. The most common skin condition in teens is _____.
3. _____ is what gives skin its color.
4. A pimple starts when the pores in the skin become clogged with a type of oil called _____.
5. True or false: It's important to wear sunscreen even if it's cloudy.
6. True or false: UVA rays from the sun, sun lamps, or tanning beds can damage a person's immune system, making it harder to fight off diseases and leading to illnesses like melanoma, the most serious type of skin cancer.

7. True or False: Athlete's foot is contagious.

8. Which layer of skin is tattoo ink injected into?

9, 10, 11. Two types of fibers in the dermis, _____ and _____ help the skin stretch and reposition itself when we move. In older people, some elastin-containing fibers degenerate, which is one reason why their skin might look wrinkled. Most wrinkles however, are caused by _____.

12. _____ is a serious form of skin cancer that can spread to other parts of the body.

13. _____ glands, which surround and empty into hair follicles and pores, produce an oil called sebum that lubricates the skin and hair.

14. _____ is actually a modified type of skin, and it grows everywhere on the human body except the palms of the hands, soles of the feet, eyelids, and lips.

15. Cells in the epidermis called keratinocytes produce _____, a type of protein that is a basic component of hair and nails.