FOCUS ON SPEAKING – DAILY ROUTINE (LEVEL 1 TASK)

Military vocabulary /expressions

- **To fall in (line) (for the hoisting of the flag)** – formar delante de la bandera: *We always fall in (line) at 8 o'clock.*
- **Reveille – toque de diana:** *Reveille was at 6,30 am*
- **Morning / afternoon / evening roll call –** pasar lista: *The squadron turned out for roll call.*
- **Report to the captain or other superior – dar novedades:** *You need to report to barracks by three o'clock on Friday.*
- **Be on duty –** estar de servicio: *I'm on duty this whole weekend so I won't be able to go home.*
- **Be granted to sleep off barracks:** tener permiso para dormir fuera del cuartel: *I can go home every day to my family as I am granted to sleep off barracks*
- **Be on detention –** estar arrestado: *I forgot to close my room window and for that I was on detention*
- **Lights out –** apagado de luces*: I was reading until lights out*
- **To drill** – entrenamiento: *We were exhausted because we had been drilling all afternoon*
- **To be on leave** – estar de permiso: *When my son was born, I was on paternity leave for four months.*
- **Meshall** – comedor: *We always have breakfast together at the meshall.*

Other words / expressions to talk about your daily routine

WHAT'S A TYPICAL DAY IN YOUR LIFE LIKE?

1) Match the expressions on the left with their definitions on the right

a. To work out	1. To stay in bed longer than usual
b. Can't do without something	2. Be interested in something
c. Stick to something	3. To successfully manage a situation
d. To squeeze in some time	4. To exercise
e. To calm down	5. To avoid
f. To lie down	6. To postpone
g. To scroll down	7. To finally do something
h. Stay away from	8. To be unable to live without
i. Go for	9. To check your social networks
j. Put things off	10. To keep doing something you resolve to do
k. Get around to + verb (ing)	11. To rest on the sofa or bed
l. Get through	12. To make time for
m. Sleep in	13. To prefer
n. Be into something.	14. To relax

LIVEWORKSHEETS

2. Complete the sentences with the expressions a-n from the previous exercise. Sometimes you will have to change the verb form of the verbs.

a. Make sure you drink plenty of water if you are _____

b. In the afternoons, I _____drinking a hot beverage

c. If you have new Year's resolutions, it's advisable you _____them for at least one year.

d. Since my days are so hectic, I always need to _____at least 30 minutes of exercise. This typically _____me _____.

e. After having lunch, I usually need to _____a bit. Otherwise, I'm not very productive for the rest of the day.

f. My favorite time of the day is when I'm on the couch at night, with the TV on and _____social media on my phone

g. Typically, I tend to _____checking my phone late at night because it makes me nervous.

h. In the afternoons, I like to watch some documentaries but at night, I _____something lighter, like a sitcom

i. If you continue _____you will never ever _____accomplishing anything in life.

j. There's nothing better to _____the day, as it's something I can't do on weekdays.

k. On weekends, I usually _____, as it's something I can't do on weekdays.

l. Hey Martha, shall we go for a movie at the cinema tonight? – Sorry, I _____action movies. Maybe when something different is on.

LIVEWORKSHEETS